

## Disease State Content for Physician Website and Patient Email Outreach

As provided by Dr. Clay Cockerell:



### Folliculitis

Folliculitis is an infection and inflammation in the hair follicles – the tiny openings in the skin that enclose hair. These openings can become plugged or irritated by sweat, oils and makeup. Any location of the body which contains hair can be affected by folliculitis. Affected areas can look like rashes and pimples. More common areas include the face or scalp, especially in areas which ingrown hairs or recurrent irritation from shaving. The thighs and groin can be affected by clothing repeatedly rubbing the area. Common bacteria that can cause folliculitis include *Staphylococcus aureus* and *Pseudomonas aeruginosa*. Fungal organisms and viral organisms like herpes simplex virus can also cause folliculitis. Treatment depends on the cause, however antiseptics, antibiotics, and antifungals are commonly used.

As provided by CLn® Skin Care:

**Folliculitis** is hair follicle infection and inflammation that can occur on the body or face, commonly caused by shaving or wearing clothes that rub the skin.

**CLn® SportWash** Promotes good hygiene and is the daily cleanser to help remove dirt, sweat and oil to unclog pores and leave the skin clinically clean and healthy. CLn® SportWash is easy to use in the shower and you can use a scrubber brush if the folliculitis is in difficult to reach areas such as your back.

**CLn® Acne Cleanser** If you only have a small area where folliculitis is occurring and acne is also present, using the CLn® Acne Cleanser is a good choice.

**CLn® Facial Cleanser** Can be used daily, without irritation, and is formulated to minimize tightness and stinging – especially important if there is folliculitis on the face or it has presented as razor burn. This gentle cleanser contains glycerin and skin conditioners – allowing the skin to retain moisture.

### FAQ

#### 1.) What exactly is folliculitis?

Folliculitis is an infection and inflammation in the hair follicles – the tiny openings in the skin that enclose hair. You can have folliculitis on any part of your body that has hair. Even the nearly invisible hair on your face or back. It is most common on the face and scalp and areas rubbed by clothing, such as the thighs and groin. Folliculitis is also referred to as ingrown hairs and razor burn or bumps.

#### 2.) What causes folliculitis?

Shaving or wearing clothes that rub the skin can irritate hair follicles, which can lead to folliculitis. Follicles also can become blocked or irritated by sweat, oils and makeup. When bacteria, yeast or fungus is present with injured follicles, they are more likely to become infected, resulting in folliculitis.